



Monthly Food Delivery

Healthy & Desi meals available in both veg and non-veg. Beat the kitchen heat & enjoy our Delicious Tailored Meal Plan, Full of Variety and delivered freshly prepared !

FOOD MENU

WhatsApp now, choose your favorite food, and send us your location to start delivery!

 **FAST DELIVERY**

+971 50 606 4054, +971 55 649 4418

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HEALTHY VEG

380 AED



HEALTHY VIP

480 AED



DESI VEG

320 AED



DESI VIP

380 AED



GYM FOOD

500 AED



DIET FOOD

500 AED



HEALTHY VEG

380 AED



DIET FOOD

480 AED

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SUPER KING

FOOD



FAST DELIVERY

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HEALTHY VIP



- Beef Steak
- Grilled Fish
- Chicken Burger
- Chicken Shashlik
- Chicken Sandwich
- Penne with Chicken
- Spaghetti Aglio e Olio
- Boiled Rice & Fruit Punch
- American Grilled Chicken
- Shrimps with Veg Fried Rice
- Thai Chicken Chili with Rice
- Chicken Steak with Saute Veg
- Fettuccine with Tomato Pasta
- Grilled Chicken Pasta with Herbs
- Fish with White Cheese & Garlic Sauce
- Tandoori Chicken Wings with Potato Wedges

Now Added

BBQ CHARCOAL

• Beef Tikka	• Arabic Grill
• Garlic Sauce	• Haryali Tikka
• Mutton Lashe	• Hummus Sauce
• Beef Seekh Kabab	• Chicken Malai Boti
• Black Pepper Chicken	

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HEALTHY VEG

- Grilled Paneer
- Paneer Shashlik
- Paneer Sandwich
- Healthy Veg Burger
- Spaghetti Aglio e Olio
- Boiled Rice & Fruit Punch
- Thai Paneer Chili with Rice
- Grilled Veg Pasta with Herbs
- Veg Fried Rice & Fruit Punch
- Veg Burger with Cheese Patty
- Fettuccine with Tomato Pasta
- Veg Fried Rice with Tofu Cubes
- Penne Pasta with Paneer Cubes
- Paneer Steak with Sauteed Veg
- Tandoori Veg Skewers with Potato Wedges
- Cottage Cheese with White Sauce & Garlic Sauce



DESI VEG

- Daal Chana Fry
- Gobi Manchurian
- Paneer Masala
- Palak Paneer
- Rajma Curry
- Daal Moong
- Kari Pakora
- Aloo Matar
- Cheese
- Desi Biryani
- Chilli Gobi
- Veg Pulao
- Mix Veg
- Bhindi Fry
- Aloo Palak
- Mix Daal



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DESI VIP

- **Chicken Karahi**
- **Chicken Qorma**
- **Chiken Chilli Dry**
- **Boneless Karahi**
- **Chicken Ginger**
- **Chana Pulao**
- **Chicken 65**
- **Chicken Pulao**



- **Chicken Biryani**
- **Mutton Biryani**
- **Manchurian**
- **Butter Chicken**
- **White Karahi**

Now Added

BBQ CHARCOAL

- **Beef Tikka**
- **Arabic Grill**
- **Garlic Sauce**
- **Haryali Tikka**
- **Mutton Lashe**
- **Hummus Sauce**
- **Beef Seekh Kabab**
- **Chicken Malai Boti**
- **Black Pepper Chicken**



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FOOD



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GYM FOOD

This includes all Healthy & Desi dishes with less Oil, less Salt, less Spice and with any special requirement as prescribed by your Trainer or Nutritionist along with more Fresh Fruits and Salad Portion.



- **Beef Steak**
- **Grilled Fish**
- **Chicken Shashlik**
- **Chicken Malai Boti**
- **Boiled Rice & Fruit Punch**
- **American Grilled Chicken**
- **Shrimps with Veg Fried Rice**
- **Chicken Steak with Saute Veg**
- **Grilled Chicken Pasta w/ Herbs**

DITE FOOD

This includes All Healthy dishes with less oil, less salt and with any special requirement as prescribed by your Doctor or Physician.



- **Haryali Tikka**
- **Beef Seekh Kabab**
- **Arabic Grill**
- **Penne with Chicken**
- **Beef Steak**
- **Grilled Fish**
- **200 gm steam rice**
- **Black Pepper Chicken**

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